

WHY RAD?

With over 3500 Instructors Certified and nearly 160,000 women trained, R.A.D. Systems is the country's largest and fastest growing self-defense program for women and children. The R.A.D. Systems curriculum is taught at over 400 Colleges and Universities across the United States and Canada, and is the only self defense program ever to be endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA).



R.A.D. is an international alliance of thousands of instructors united in offering practical options for responding to increasing acts of violence against women. We offer life-long opportunity for physical skill mastery provided through our trademark Lifetime Return and Practice Policy.

RAPE AGGRESSION DEFENSE SYSTEMS ;

FINALLY, A PHYSICAL DEFENSE
PROGRAM FOR WOMEN THAT:

- **Has established the standard** for female self-defense programs;
- Offers **no-nonsense, practical techniques** of defense;
- Researched the effects of **“The Fight or Flight Syndrome”**;
- Offers **advanced self-defense courses** that build upon the physical defense system;
- Provides realistic and dynamic **hands on training**;
- Provides students with a **comprehensive Reference Manual**;
- **Certifies Instructors** from the community;
- Offers state of the art programs at **reasonable rates**;

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1st VP-Alamo Area Crime Prevention
Association
Executive Board Member of Texas
Crime Prevention Association



R.A.D. SYSTEMS
Radically Changing Defense for Women